**Quote and Paraphrase Sandwiches / Prof. Lynn (Spring '25)**

## Works Cited

Hayes, Stephanie. "A Strategic Guide to Swearing: The Professional Benefits of Using Curse Words." *The Atlantic*, The Atlantic, Jan./Feb. 2016, www.theatlantic.com/magazine/archive./2016/01/a-strategic-guide-to-swearing/419196/. Accessed 10 Mar. 2020.

## Quote Sandwich with a Snippet from the Text

According to a 2016 article in *The Atlantic*, the characters from the popular film *The Wolf of Wall Street* "utter [the f*bomb] and its derivatives more than 500 times" (Hayes). Granted, 500 references are a bit excessive, but consider this: the film went on to be nominated for several Oscars, cinema's most prestigious award. Could it be that the f*bomb is slowly but surely finding its place in society?

## Quoted Passage from the Text

"Other studies point to further benefits of well-timed profanity. For one thing, cursing appears to help you endure pain. When undergraduates repeated a strong word, they were able to keep a hand submerged in icy water about 40 seconds longer, on average, than when they repeated a neutral word. They also rated their pain as less intense."

## Paraphrase Sandwich Based on the Above Quote

Writer Stephanie Hayes, staffer for *The Atlantic*, points to numerous studies conducted on the potential advantages of swearing, one of which involves college students placing their hands in freezing water. Evidently, students who swear during this activity are able to last an additional forty seconds longer than their non-cursing counterparts, as "their pain [was] less intense" (Hayes). Clearly, this study suggests that when others . . . (finish your response).